



The Kahok Current

Volume 14 Issue 4

Fourth Quarter

Greetings From Mr. Toberman

Collinsville High School
Home of the Kahoks



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We are rapidly approaching the end of the school year, which has been both challenging and exciting in many ways. We here at the “High School of Champions” have had some incredible championship moments in the classroom, on the field and throughout the entire school body during this school year. There is a lot to be proud of this school year in Kahok Country! As the end of the school year approaches, please help us encourage your students to stay focused on their academic success as it is easy to get distracted this time of year. With that being said, there are some very important dates that I want you to be aware of as we wrap up this school year. They include:

* **The Illinois Science Assessment** (11th graders only) on 3/31

*The **SAT** for Juniors and the **PSAT** for 9th and 10th graders on 4/13 (Seniors stay home this day please)

***Prom** hosted by the Class of 2023 Executive Board at the Hyatt in downtown St. Louis on 4/23

***Senior Final Exams** on 5/9 and 5/10

***Honors Convocation Night** on 5/11

*The Class of 2022 **Graduation Ceremony** on 5/14

***Final Exams** for 9-11th graders on 5/17, 5/18, 5/19

Help the CHS Faculty and student body close out the school year on several positive notes. Please keep an eye on their grades, attendance and tardies via Skyward. We do not want any surprises as we head into the final stretch of the 21-22 school year.

As always, thank you for your help and support! It is much appreciated!

GO KAHOKS!



STATE TESTING COMING IN APRIL!

The State of Illinois is requiring all 11th grade students to participate in standardized testing on April 13, 2022. Juniors will take the SAT on Wednesday, April 13th. Freshmen and Sophomores will take the PSAT and Seniors will not report to school this day. They have a college visit/job shadowing day.

CHS is providing multiple incentives for Juniors to do their best on these tests. These incentives will be announced later in March in an assembly. Please help us impress upon our students that these tests are important for not only their future but for CHS and our community! Together we can all proudly say that we are Kahok Strong!

Collinsville High School is offering a variety a test preparation options:

Official SAT Practice

Khan Academy recently partnered with the College Board to create a free Official SAT Practice website: www.satpractice.org. Students can use this website to increase their test scores. The CHS counseling department will monitor who uses Khan Academy’s Official SAT practice the most and students will be able to earn incentives based on how many hours they complete.

SAT Tutoring

CHS is also offering free test prep classes on Tuesdays and Thursdays in the library. Each week teachers will offer a predetermined lesson that covers strategy and content.

Guidance Department Spotlight

Positive Parenting Tips for Teenagers

During the teen years, it is a time of changes for how teenagers think, feel, and interact with others, and how their bodies grow. During this time, your teen is developing his or her unique personality and opinions. Relationships with friends are still important, yet teens have other interests they develop a more clear sense of who they are. This is also an important time to prepare for more independence and responsibility.

Here are some tips you, as a parent, can do to help your teen during this time:

Show interest in your teen's school and extracurricular interests and activities and encourage them to become involved in activities such as sports, clubs, music, theater, and art.

Encourage your teen to volunteer and become involved in civic activities in the community.

Compliment your teen and celebrate efforts and accomplishments.

Show affection for your teen. Spend time together doing things you enjoy.

Respect your teen's opinion. Listen to your teen without playing down their concerns.

Encourage your teen to develop solutions to problems or conflicts. Help your teenager learn to make good decisions. Create opportunities for them to use their own judgment, and be available for advice and support.

If your teen engages in interactive internet media such as games, chat rooms, and instant messaging, encourage him or her to make good decisions about what they post and the amount of time spent on these activities.

If your teen works, use the opportunity to talk about expectations, responsibilities, and other ways of behaving respectfully in a public setting.

Talk with your teen and help them plan ahead for difficult or uncomfortable situations.

Talk with your teen about his or her concerns and pay attention to any changes in his or her behavior. Ask your teen if he or she has had suicidal thoughts, particularly if they seem sad or depressed. Asking about suicidal thoughts will not cause teens to have these thoughts, but it will let them know that you care about how they feel. Seek professional help if necessary.

Discuss what they can do if they are in a group and someone is using drugs or under pressure to have sex, or is offered a ride by someone who has been drinking.

Respect your teen's need for privacy.

Encourage your teen to get enough sleep and exercise, and to eat healthy, balanced meals.

Talk with your teen about the dangers of drugs, drinking, smoking, and risky sexual activity. Ask your teen what they know and think about these issues, and share your feelings with them. Listen to what your teen says and answer their questions honestly and directly.

Keep television sets out of your teen's bedroom.

Know where your teen is and whether a responsible adult is present. Make plans with your teen for when they will call you, where

you can find them, and what time you expect them home.

Most teens want to have a good relationship with their parents and being a good listener can help build the foundation of trust, respect and care. You may hear things that surprise you or you may uncover something your teen has been uncomfortable talking about. In these instances, know that you are not alone. There are many agencies in the community that are available to assist and support families. Don't hesitate to talk with your child's doctor, your insurance company or use local agencies like the counseling resource page: <https://sites.google.com/cusd.kahoks.org/cusd-virtual-calming-room/area-counselorsagencies>,

the United Way to access resources to help your teen and your family at <https://www.stl.unitedway.org/people-we-help/united-way-2-1-1/> or by calling 211. The Madison County Mental Health Board is available to provide information and referrals at http://www.co.madison.il.us/departments/mental_health/index.php or by calling 618-877-0316. The St. Clair County Mental Health Board also offers resources at <http://stc708.org/resources/>. The National Suicide Prevention Lifeline is available 24 hours a day to provide confidential support and resources at 800-273-8255. With patience and understanding, you can make this confusing time in your child's life easier. You can help build resilience in your teen by providing guidance in a safe, supportive and positive way.



SUMMER PLANNING GUIDE:

School is almost over and summer break is fast approaching. To get the most out of your summer break do something productive such as working, volunteering, or planning for college. Also, use this guide to start planning your summer experience.

Plan for College: The summer is a good time to research schools and narrow down your options, especially if you are going into your senior year of high school. Search various college and university web sites for general information about schools, admissions requirements and tuition costs. You can use your naviance account to research majors and colleges and begin making a list of what interests you. Just go to this website: <https://student.naviance.com/collinsvillehs> (as long as you are logged in to your CUSD gmail you click single sign on and you will be in to your personalized Naviance account). Another website is <https://bigfuture.collegeboard.org/>. The College Comparison Worksheet can help keep you organized and give you ideas about what to consider when thinking about college. (Locate a copy of this worksheet at: <https://www.act.org/content/dam/act/unsecured/documents/CollegeComparisonWorksheet.pdf>) Or simply make a list of your top choices, by name, or classify them any other way you desire. Keeping a portfolio or notes on each school will help keep you organized and in good shape once it is time to apply.

Visit college campuses: If possible, visit your top choice schools to learn more about their academics, student and campus life, financial aid options and to get a more intimate experience. If your top-choice schools are too far, or not having in person visits or you aren't able to visit due to financial constraints you can visit them online at a variety of virtual tour platforms. Some of the best are:

<https://www.campusreel.org/> - CampusReel is the only College review website with Campus & Dorm video reviews and video walkthroughs from real students.

<https://www.campustours.com/> - View thousands of virtual college tours and interactive maps.

<https://www.youvisit.com/collegesearch/> - 360 degree and virtual reality tours.

Visit schools in your state (even if you are not interested in staying in state) so that you will get a glimpse into the overall collegiate experience.

Take a class: Get a head start on college, fulfill some needed requirements, and improve in a subject where you need help or even acquire a new skill. Community colleges or nearby state universities may have summer learning opportunities available for a relatively low cost. Talk with your counselor or contact your local colleges for information about summer academies, classes and camps.

Find a job: If possible, find a job that you enjoy and will help you with your long term career aspirations. For example, if your long-term career goal is to teach, look for jobs that will allow you to work with students in some capacity like a student tutor or camp counselor position. Visit local businesses to inquire about job openings or visit websites such as www.snagajob.com or www.careerbuilder.com

Job Shadow: Summer is an excellent time to explore careers you are considering. One way to do this is through job shadowing. Call a local business, doctor's office, hospital, or other organization that has the job you're interested in to schedule an appointment to talk about the career and what it involves. Some organizations may even allow you to "work" with or job shadow an employee for the day. See your counselor if you have any questions about job shadowing.

Volunteer: Volunteering is a great way to help your community, enhance your skills, improve your resume, and beef up your college and scholarship applications. You can find opportunities at food banks, homeless shelters, hospitals or anywhere else in your community. For example, organizations like the United Way may be able to help you find volunteer opportunities: <http://www.volunteermatch.org/search/index.jsp>

Collinsville High School

2022 Summer School Program – Informational Packet

Registration Information

Please note: Students who reside outside the boundaries of CUSD 10 will NOT be able to enroll in 2022 Summer School.

Collinsville High School accepts registration packets on a first-come, first-served basis and is complete only when all registration forms and payment have been received. Only students with complete registrations will be added to a class roster.

Registration is open now and closes Friday, May 13, 2022. In case of cancellation, registration fees will be returned. Those students who register for a class that is cancelled may choose to be reimbursed or to enroll in another class after the registration deadline, if space is still available. There will be no cost for classes taken for credit recovery. Classes taken for reasons other than credit recovery will be \$100.00 per .5 credit session. Students may take a maximum of two .5 credit courses (\$200.00 total).

There are NO refunds of summer school fees! (Except as noted above.)

In-person/remote instruction

Summer school is scheduled to be in-person. However, CHS administration reserves the right to change that to hybrid/remote at any time based on the safety of the students and staff. Students will not have the option to choose to be remote.

Completed online registration and full payment must be completed by the end of the day on Friday, May 13, 2022. Please direct any questions to CHS Counseling Department. Office hours are 7:15 a.m. to 3:45 p.m. or call (618) 346-6320 ext. 1129.

THERE ARE NO REFUNDS OF SUMMER SCHOOL FEES! (EXCEPT AS NOTED ABOVE)

Summer School Attendance Policies

*Attendance is essential during the Summer School Program as these are concentrated programs of 50+ class hours per session.

*Students are allowed one absence during a session in Summer School. A student will be dropped from class on the second absence of the session, with no refund.

*No partial absences are allowed

*Students will not be excused from summer school for vacation/camps/work, etc.

*No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence

*No student is allowed to go to his/her car or to the parking lot during sessions. If a student does, s/he will be considered absent for the session.

Summer School Attendance Policies Continued

- *Attempts may be made to contact the parent/guardian upon the first absence. This may be done as a courtesy to remind families of a possible drop in the event of a second absence. Parents are strongly encouraged to monitor tardies, attendance, and grades on Skyward Parent Portal.
- *Tardiness is defined as reporting up to 5 minutes late at the beginning of the class or returning late from break.
- *Reporting to class or returning from break in excess of (over) 5 minutes late is considered an absence.
- *Two tardies to class is considered one absence
- *No early dismissals will be allowed. If a student needs to leave early for any reason, s/he will receive an absence

Rules & Regulations

Schedule Changes:

The last day to drop a class and not receive a grade of F is May 24, 2022. No other schedule changes are permitted.

Discipline:

- *Any disciplinary referrals could result in dismissal from the Summer School Program
- *All rules in place for the 2021-2022 school year, reflected in the student handbook, are in effect for Summer School
- *Any student caught smoking, using, or possessing tobacco/substances/look-alikes will be dropped from the program
- *Students may not use lockers during summer school.
- *Some sections of the building will be closed to students during the summer. These sections of the building will not be used for summer school and are being cleaned and prepared for the opening of school in the fall. Students who are in these sections without proper authorization will be dropped from the program. This includes the parking lot.



Transportation & Lunch

*Students are responsible for providing their own transportation to and from summer school

*Any student possessing a valid driver's license may drive to school for summer school. There is no cost. Please be advised that all school policies regarding search of vehicles on school property will apply to any student who drives to school.

*Lunch will not be offered during summer school. A soda machine will be available to students. Students planning to attend the full day should bring lunch to school. Students are allowed to leave during their lunch break, but the tardy policy applies if the student returns late from lunch

Schedule

Student schedules and room assignments will be accessible on Skyward. Additionally, room/teacher assignments will be posted on door number 33 of the main building on the first day of summer school.

Course Offerings, Dates, & Times

The attendance dates are:

May 23, 24, 25, 26, 27, 31

June 1, 2, 3, 6, 7, 8, 9, 13, 14

Session 1 - 7:30-11:00 a.m.

Session 2 - 11:30 a.m. – 3:00 pm

Final exams will be taken on June 14, 2022. No final can be taken early or late; no exceptions

Session 1 Final = 7:30 a.m. – 9:00 a.m.

Session 2 Final = 9:30 a.m. – 11:00 a.m.

<u>7:30 a.m. – 11:00 a.m.</u>	<u>11:30 a.m. – 3:00 p.m.</u>
Algebra 1A Paced (021011)	Algebra 1B Paced (022012)
Algebra 1 Semester 1 (021021)	Algebra 1 Semester 2 (021022)
Algebraic Concepts Semester 1 (023031)	Algebraic Concepts Semester 2 (023032)
Geometry with Math Models Semester 1 (023011)	Geometry with Math Models Semester 2 (023012)
English 1 Semester 1 (011011)	English 1 Semester 2 (011012)
English 2 Semester 1 (012011)	English 2 Semester 2 (012012)
English 3 Semester 1 (013011)	English 3 Semester 2 (013012)
Senior Composition (014021)	Senior Literature (013092)
Physical Science Semester 1 (031011)	Physical Science Semester 2 (031012)
Biology Semester 1 (031021)	Biology Semester 2 (031022)
Consumer/Career Education (10110)	U.S. History Semester 2 (04301G)
U.S. History Semester 1 (04301G)	World Geography Semester 2 (042022)
World Geography Semester 1 (042021)	Government (041011)
Health (082012)	PE (081012)
PE (081011)	

ATTENTION CLASS OF 2023:

All students entering the 12th grade will be required to show proof of having received at least one dose of the Meningococcal (MCV) vaccine on or after their sixteenth birthday. Please check with your doctor's office about this and bring documentation of having received this vaccination to the Health Office as soon as possible.



*****MATH, ENGLISH, SCIENCE AND U.S. HISTORY COURSES MAY BE TAKEN ONLY AS MAKE-UP COURSES RESULTING FROM A FAILURE DURING THE REGULAR SCHOOL YEAR. MATH, ENGLISH, SCIENCE AND U.S. HISTORY CANNOT BE TAKEN FOR ADVANCEMENT PURPOSES.**

****Private and parochial school students who reside within the geographic boundaries of Collinsville CUSD 10 and CHS students also have the opportunity to take Driver's Education. This class costs \$250. IF you are interested, please contact Mrs. Gresh at 618-346-6320 ext. 1117 or cgresh@cusd.kahoks.org.**

How to Register For Summer School

*Go to <https://kahoks.revtrak.net/summer-programs/>

*Click on the Summer School Rotating Graphic OR Click on Summer School under the Information banner on the right side of the screen.

*You will be directed to the Summer School Information Page which will include links to the Summer School Information Packet and Online Registration. For directions to select and pay for your summer school courses, you can access a CHS Summer School Registration Guide at the bottom of the page.

COVID-19 MITIGATIONS

Up-to-date COVID-19 requirements and policies are outlined in the latest issue of the CUSD 10 2021-22 Return to Learn Plan. [Click here to read the complete plan.](#)

Please note the following:

Masks are strongly recommended to be worn indoors by all teachers, staff, students, and visitors to Pre-K-12 schools who are two years of age or older and medically able to tolerate a mask, regardless of vaccination status.

In order to attend school, all students must be screened by their parents for symptoms of COVID-19 and other criteria. All staff must also screen themselves for this criteria prior to reporting to work. By attending school, all students and staff are certifying that they meet the following criteria:

1. They do not have a temperature 100.4 degrees or higher.
2. They are not taking fever-reducing medicines, such as those that contain aspirin, ibuprofen or acetaminophen, in order to reduce his/her fever.
3. They have not been directed to self-quarantine by a healthcare provider.
4. They have not been directed to self-quarantine by the County or State Department of Public Health.
5. They do not have any of the following symptoms: New Cough, Shortness of breath , Fatigue from unknown cause, Muscle or body aches from unknown cause, New onset of moderate or severe headache, New loss of taste or smell, Sore throat, Vomiting, Diarrhea

May is Mental Health Awareness Month

We recommend being aware of early warning signs and symptoms of mental illness.

Early Warning Signs And Symptoms:

Being aware of early warning signs and symptoms of mental illness can save a life. Having a combination of symptoms (not just one symptom) indicates that someone might be showing signs of a mental health condition. Be aware of these symptoms when they last longer than a few weeks and start to affect school, work, relationships, or your everyday activities:

*Problems With Concentration, Memory, Or Ability To Think Clearly

*Changes In Eating Such As Loss Of Appetite Or Overeating

*Not Being Able To Complete School Or Work Tasks

*Feeling Overly Worried

*Feeling Sad, Empty, Hopeless, Or Worthless

*Sensitivity To Sounds, Sight, Smell, Or Touch

*Irritability And Restlessness

*Loss Of Interest In Activities That Are Normally Enjoyable, Withdrawal From Others, Or Disconnection

*Feeling Like Your Brain Is Playing Tricks On You. Hearing Knocking, Scratching Sounds, Voices, Or Your Name Being Called. Seeing Things That Other People Do Not See, Like Shadows, Changes In Light, Figures.

*Changes In Energy Level And Sleep Patterns. Often Someone Will Sleep During The Day And Be Up At Night.

A Note from the Health Office

Planning for next school year:

Medications At School

New Medication Forms must be completed by the parent/guardian and health care provider each school year. All medication administration requests must be written on the Student Medication Authorization Form and signed by the guardian and the physician before any medication can be administered.

Medication authorization forms expire at the end of each school year. Make sure you make your request to the health care provider before August. Clinics get very busy and may not be able to complete your request if submitted after mid- August.

Medication Authorization Forms can be found on the Kahoks website. Start with the link below. Go to resources, health and wellness, then Related Documents listed in the right column.

<https://www.kahoks.org/parents/health-wellness/>

Students with Life Threatening Conditions



Please provide fully completed medication/treatment forms, all supplies, and a health care plan to your school nurse for any potentially life threatening conditions. Please contact your school nurse with any questions or concerns.

Phone 618-346-6320 X 1140 akimbrel@cusd.kahoks.org

HEALTH EXAMINATIONS AND IMMUNIZATIONS

A student's parent/guardian must present proof that the student was examined by a licensed physician and received the immunizations and screenings for preventable communicable diseases as required by the [Illinois Department of Public Health](#) within one year prior to:

- *Entering 9th grade - School Physical**
- *Entering 12th grade - Proof of second Meningitis (MenACWY) vaccination.**
- *Enrolling in an Illinois school, regardless of the student's grade, when transferring into Illinois from out-of-state or out-of-country - School Physical and a current vaccination record.**

The State of Illinois Certificate of Child Examination can be found on this website. can be found on the Kahoks website. Start with the link below. Go to resources, health and wellness, then Related Documents listed in the right column.

<https://www.kahoks.org/parents/health-wellness/>

If you have any questions regarding physicals or immunizations please contact the Health Clerk at 618-346-6320 x 1141 or kgorka@cusd.kahoks.org



CHS Childhood Cancer Awareness Month



Hey Kahoks this is the Childhood Cancer Awareness Club here at the Collinsville High School. We wanted to let you know about our new annual Golden Football Game. It will take place here at Collinsville High School, September 9th! Be on the lookout for our Golden Game T-shirt order forms! It will be sent out in August. Anyone who missed out on the 1st CCA shirt sale there will be another one coming at the end of March! Also, if you are still interested in joining our club email us with any questions at:

KLobb@cusd.kahoks.org
hgonzall@cusd.kahoks.org
mzellerma@cusd.kahoks.org



Summer Dates To Remember:

- *July 26 and 27:**
CHS Registration
12pm to 6pm
- *August 9: CHS**
Make Up
Registration 8am to
3pm
- *August 4:**
Freshmen
Orientation
12pm-3pm or 4pm
to 7pm



Latin Students Set CHS Record at ILJCL North Convention

20 students from the CHS Latin program attended the 2022 annual Illinois Junior Classical League North convention in Chicago, Illinois. While they weren't attending academic talks, participating in the annual talent show, and participating in other activities, our delegation had the opportunity to compete against Latin students from across Illinois. This year, our delegation broke CHS records and came home with 40 individual artistic and academic awards for high test scores, outstanding art projects, and dramatic performances. For the first time ever, CHS placed in the top three Latin programs of Illinois, scoring a 3rd place finish for their collective achievements.



Award Recipients

Academic		Graphic Arts	
<p>Caleb "Ulysses" Luecking (III) - 3rd in Latin Vocabulary Ian "Apollo" Marlow (III) - 4th in Roman History Elliot "Fabius" Schusky (II) - 2nd in Latin Grammar 2nd in Latin Literature 2nd in Reading Comprehension 3rd in Art & Architecture 3rd in Decathlon</p> <p>Israel "Proles" Lopez-Lazaro (II) - 4th in Latin Literature 3rd in Reading Comprehension 4th in Art & Architecture 4th in Roman Private Life 4th in Roman History</p> <p>Donovan "Mercurius" Barker (II) - 4th in Reading Comprehension 5th in Roman Private Life</p> <p>Karley-Jo "Colurna" Jackson (II) - 4th in Latin Literature Tristan "Tiberius" Schubert (II) - 5th in Latin Literature Kailey "Iocosa" Stauthammer (II) - 5th in Latin Grammar 5th in Latin Literature</p> <p>Molly "Fessus" Halasey (I) - 1st in Reading Comprehension 3rd in Decathlon 3rd in Phrases, Mottos, & Quotes 5th in Derivatives</p>		<p>Tyler "Artifex" Morgan (IV) - 1st in Small Models Peyton "Lacertus" Beeles (III) - 2nd in Sculpture 2nd in Pottery</p> <p>Donovan "Mercurius" Barker (II) - 1st in Board Games - 1st in Jewelry</p> <p>Karley-Jo "Colurna" Jackson (II) - 1st in Small Models - 2nd in Mosaics</p> <p>Kailey "Iocosa" Stauthammer (II) - 3rd in Mosaics - 1st in Greeting Cards</p> <p>Tristan "Tiberius" Schubert (II) - 2nd in Stitching Elliot "Fabius" Schusky (II) - 4th in Paintings Molly "Fessus" Halasey (I) - 5th in Paintings Emma "Tinea" Pope (I) - 1st in Pottery Kimberly "Iris" Ring (I) - 3rd in Sculpture</p> <p>Bethany "Mania" Middleton (I) - Molly "Papillo" Piper - Trevor "Pudor" Zipprich -</p>	
		Creative Arts Teams	
		<p>Tyler "Artifex" Morgan (IV) - 4th in Sight Reading Peyton "Lacertus" Beeles (III) - 4th in Sight Reading Tristan "Tiberius" Schubert (II) - 1st in Sight Reading Elliot "Fabius" Schusky (II) - 1st in Sight Reading</p>	

The Math Department of Collinsville High School is committed to providing all students with the chance to receive extra help with their math courses.

If your child is struggling or needs a little extra help with their math, he or she can take advantage of the tutoring sessions available during the school day. Tutoring is offered during all study halls by teachers within the department. Additionally, teachers may be available before school or at the end of the school day. Have your child check with their teacher to see how to schedule extra help before/after school.

The tutoring Schedule for 2021-2022 school year is:

- 3A: Mr. Nichols in Rm 317
- 4A: Mrs. Stengel in Rm 101
- 4B: Mr. Glynn in Rm 312
- 5A: Mr. Liljegren in Rm 106
- 5B: Mrs. Dust in Rm 316

Passes can be obtained from any math teacher OR from your child's study hall teacher to be a part of the tutoring program.

Also, tutoring is available every Tuesday and Thursday from 3pm to 4pm in the CHS Library. A math department teacher is available during this time.

These tutoring opportunities are a great resource for students who need extra help in math, and our math teachers are waiting to help your child any way they can. So please encourage your child to take advantage of these great opportunities!



CHS Drama Club Presents:



April 28-30 @ 7:00pm
&
May 1 @ 2:00

\$10.00-Adults
\$5.00-CUSD Unit 10 students (sold at
the door)
CHS Auditorium

go to our Facebook page to order adult
tickets [Facebook.com/cusd10dramaclub](https://www.facebook.com/cusd10dramaclub)