



The Kahok Current

Volume 14 Issue 3

Third Quarter

Happy New Year Kahoks!

Collinsville High School Home of the Kahoks

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Dear CHS Parents, Guardians, and Students,

I hope everyone enjoyed a wonderful Winter Break! As we start our second semester of school, I am hopeful that our students and staff are poised to build on their successes of last semester. The new semester also affords students who did not meet academic expectations an opportunity to improve their performance. It is imperative to participate in all school activities daily.

Faculty members, support staff, and administrators are committed to ensuring that Collinsville High School is an outstanding place for our students to learn and prepare for their future. Our teachers have been actively participating in professional development activities throughout the school year in order to meet the needs of our students. Our teachers and students have done an outstanding job adjusting to numerous changes required by COVID-19. We continue to seek ways to improve in order to more effectively serve our students in a safe environment. I am so proud of our collective school community as we navigate this "new normal" together.

All juniors are required to take the SAT, which will be administered on Tuesday, April 13, 2021. Students are encouraged to prepare for the SAT and PSAT by using www.khanacademy.org/sat, which is a free online preparation tool available to all students. In addition, CHS will offer optional exam practice sessions to juniors. Sophomores will take the PSAT 10 on April 14. Freshmen are scheduled to take the PSAT 9 on April 15. Seniors should plan to take college, career, or job shadow days April 13-16, 2021 since they are not currently scheduled to be in attendance due to our testing schedule.

Planning and preparation for next school year is already underway. We recently hosted 8th Grade Student and Parent Night virtually in order to provide pertinent information to future Kahoks. Our school counselors are also diligently collaborating with current students regarding academic schedules. Many of our seniors have already made their post-secondary plans. Parents and guardians are encouraged to discuss possible pathways (university, junior college,

technical school, or military) with their children. Furthermore, I recommend that students work closely with their parents and respective school counselor in developing a rigorous schedule in order to prepare for future academic challenges, as well as career goals. CHS utilizes a comprehensive college and career readiness solution, Naviance, which assists in aligning student strengths and interests to postsecondary goals, improving student outcomes and connecting learning to life. I encourage students and parents to review our counseling website and contact the CHS Counseling Department if you have any questions.

In closing, I would like to reiterate our students and staff have been awesome to work with collectively and individually. I encourage you to share your positive CHS experiences with friends, community members, and others. As always, it is an honor and privilege serving as your principal. Please contact me at dsnider@cusd.kahoks.org if I can be of assistance. Go Kahoks!

Sincerely,

David G. Snider
Principal

The Importance of Sleep: Teens From Z-z-z's to A's

Our teens have never been more on the run: with classes during the day, extracurricular activities or part-time jobs that run into the night, then homework -- high school students are usually the last to bed and the first to rise. The first casualty of these firmly packed schedules is sleep. In fact, some experts say sleep deprivation has become a crisis among teens. Research shows that teens' internal biological clocks differ from those of pre-teens and adults. Even when teenagers go to bed at 10 p.m., there's a part of their brain that is keeping them awake, so it's hard for them to fall asleep. That same part of the brain doesn't operate to keep them awake in the morning, so they're much sleepier than children or adults. The adage "early to bed, early to rise makes a man healthy, wealthy and wise," is just as important for teens as it is for adults. In fact, ade-

quate rest may:

- Improve mood
- Increase the chances that your teen will get to school on time
- Increase the chances that your teen will be in school
- Improve academic performance
- Keep your teen awake while driving
- Keep weight healthy

There are several steps you can take to make sure both you and your teen get a better night's sleep. It may take a few weeks to establish a new, natural sleeping routine that doesn't keep you awake or disrupt your sleep.

- Avoid or reduce your intake of caffeine.
- Avoid eating large meals just before going to bed. Take a warm bath an hour or two before bedtime.
- Get regular physical activity.
- Keep your bedroom quiet and dark.
- Avoid long, late afternoon naps.
- Read in bed for a few minutes before turning out the light.

For more information, visit the National Sleep Foundation at: www.sleepfoundation.org.

The Math Department

The Math Department of Collinsville High School is committed to providing all students with the chance to receive extra help with their math courses.

If your child is struggling or needs a little extra help with their math, he or she can take advantage of the tutoring sessions available during the school day. Tutoring is offered during all study halls by teachers within the department. Additionally, all teachers are available before school or can set up google meet times to help struggling students. Have your child check with their teacher to see how to schedule extra help.

The tutoring Schedule for 2020-2021 school year is:

3rd Hour: Mr. Tayloe in Rm 102

4th Hour: Mr. Liljegren in Rm 106

5th Hour: Mr. Blair in Rm 107

Passes can be obtained from any math teacher OR from your child's study hall teacher to be a part of the tutoring program.

Also, tutoring is available every Wednesday and Thursday from 3pm to 4pm remotely on google meet. Use Class Code 4vbfllq to join the classroom where the meet code is displayed. A math department teacher is available during this time.

These tutoring opportunities are a great resource for students who need extra help in math and our math teachers are waiting to help your child any way they can. So please encourage your child to take advantage of these great opportunities!



Registration for Courses for the 2021-22

Collinsville High School is finalizing course registration for the 2021-22 school year. If your student still needs to select courses for next year they can still turn in their registration worksheet to the CHS Counseling Office. We recommend you visit the [Registration](#)

[Portion of the Counseling Website](#). In this folder you will find resources such as blank and sample registration worksheets for each grade level, the Course Guide which provides course descriptions, videos on how to complete their registration sheets, and more. If you

have any other questions regarding registration or courses, please contact the Counseling Department at 346-6320 ext. 1137.



The Kahok Closet



The Kahok Closet is open! If there are items your student needs or your family needs, feel free to request them from the closet (it's free). We have paper, pencil, pens and other school supplies, as well as soap, shampoo and other toiletries. We also have some clothing items, including coats, hats and scarves. We have lots of donated items! Have your CHS

student login to their school Gmail account and click the link below to review the available items and place an order. Contact Mrs. Elliff at celliff@cusd.kahoks.org or Ms. Gattuso at rgattuso@cusd.kahoks.org if you have any questions.

<https://forms.gle/kAtaWNEsXob9V3SD9>
or scan the QR code:



Seniors who purchase the 2021 yearbook will have it automatically mailed to their home address in August/September, 2021. This is for seniors only!

Dear Parents/Guardians:

Make your son's/daughter's senior year one to remember by placing a *congratulatory ad* in the yearbook. This will be a wonderful way to say "Congratulations and good luck" while showing off those sweet baby photos or fun memories you want to showcase of your senior. You may include a picture of your senior at any age along with a few "words of wisdom" or encouragement. Keep in mind that the yearbook staff has the right to edit any words, phrases, and/or pictures that are deemed inappropriate or will not fit the layout.

There are various sizes of ads in which you can honor your senior.

Size	Recommended # Words	Recommended # Photos	Price
1/8 Page	30	1	\$40.00
1/4 Page	60	2	\$60.00
1/2 Page	100	4	\$100.00
Full Page	120	6	\$200.00

The *Kahokian* staff needs to receive all the information and photos that you want in the ad by **Friday, March 12, 2021.**

You can either:

Detach the bottom portion of this letter and return it with your script, payment, and photos;

Detach the bottom portion of this letter and return it with your payment, then email your script and high resolution photos as a jpeg file to kahokian@cusd.kahoks.org.

*Digital photos via email are preferred. Please use Senior Ad as your subject line and call if you do not receive a confirmation email of receiving it within 5 days;

Your son/daughter can drop off all information in the main office or vocational office with envelope marked with your child's name and "Attention: Shawn Geppert-Senior Ad."

If you choose to send in your actual photos, they will not be returned unless you enclose a self-addressed, stamped envelope. Please use "Forever" stamps to assure adequate postage. Pictures will not be returned until the 2021 book arrives in August/September.

Do not send pictures printed from a computer printer.

If you have any questions, call: 346-6320 ext. 1226.

****Did you order your senior's yearbook yet? They are \$48 until Feb. 1, then increase to \$55 so order now!**

You can order at: <http://jostensyearbooks.com/?REF=A01738000>

Please return this portion with your order. Please print and use ink.

Student Name _____

Name of person ordering the ad _____

Contact Phone Number _____

Please check ad size: 1/8 (\$40)

1/4 (\$60)

1/2 (\$100)

Full Page (\$200)

of Photos Enclosed _____

Amt. enclosed \$ _____

Please check if this will be a surprise:

Please mail information to:

Collinsville High School
Kahokian
 c/o Shawn Geppert
 2201 South Morrison
 Collinsville, IL 62234

HEALTH OFFICE PROTOCOLS FOR IN PERSON INSTRUCTION

Symptoms of COVID-19: Do not send your child to school with any of the following symptoms:

Fever 100 degrees or greater- Chills- Cough- Shortness of Breath/Difficulty Breathing- Fatigue- Sore Muscles/Body Aches-Headache-Loss of Taste or Smell- Sore Throat - Congestion/Runny Nose- Nausea/Vomiting- Diarrhea

Symptoms and Suspected Case of COVID-19

If a student becomes ill with COVID-19 like symptoms while at school, the school nurse will be notified. Illinois Department of Public Health (IDPH) guidelines will be utilized to assess when /if students should be sent home due to their symptoms. If any of the above symptoms are present and new to the student and not the result of a recurring health condition such as seasonal allergies or asthma, your child will remain in the health office and a parent/guardian will be notified to pick up their child as quickly as possible.

Symptomatic or suspected students will need to follow one of the following procedures in order to return to school:

10-day isolation at home with remote learning: **OR**

A medical doctor's note (written documentation) stating the diagnosis to explain the symptoms; **OR**
Proof (written documentation) of a negative COVID-19 test

If your child is sent home from school with symptoms of COVID-19, the rest of the household must be quarantined. **Siblings in unit 10 schools, will also need to be picked up from school as quickly as possible.**

Confirmed Cases of COVID-19 will need a Health Department Release (written documentation) if positive for covid or close contact to a positive family member.

Confirmed Cases of COVID-19 and Close Contacts

If a student or staff member tests positive for COVID-19 at school or in your child's classroom, the CHS staff will work closely with the local county health department to determine which individuals are considered "close contacts" to that positive person. Close contacts will be identified through contact tracing, a public health measure used to stop the spread of the virus. Your cooperation is appreciated. Confidentiality will be preserved as required by law. *Close contacts are defined as any individual who was within 6 feet of an infected person for at least 15 minutes (cumulative) with or without a mask starting from 2 calendar days before the onset of illness and until the positive person isolates.*

You will be notified if your child is ever considered a close contact to a positive COVID-19 case. Close contacts are required to quarantine in their home and utilize remote learning for 14 days

(starting after the last day of exposure to the positive person), per IDPH guidelines. If your child is in contact with someone outside of school who tested positive for COVID-19, or is a family member of a suspected case of COVID-19, please notify your school nurse/attendance office immediately. At that time your child will need to stay home for 14 days after the last day of contact with the positive person. They will receive remote learning during this time.

Counseling Department Spotlight: Why Go To College?

Whether you are uncertain about going to college or you just need some reassurance you're on the right track, here are a few reasons to go to college:

*Every bit of education you get after high school increases the chances you'll earn good pay. Most college graduates earn more money during their working years than people who stop their education at high school.

*The more education you get the more likely it is you will always have a job. According to one estimate, by the year 2028 there will be 19 million more jobs for educated workers than there are qualified people to fill them.

*Continuing education after high school is much more important for your generation than it was for some previous generations. Today most good jobs require more than a high school diploma. Businesses want to hire people who know how to think and solve problems.

*Education beyond high school gives you a lot of other benefits, including meeting new people, taking part in new opportunities to explore your interests, and experiencing success. Whether you choose a 4

year college or a technical school, there are many benefits to pursuing additional training and education after high school.

'Tis the Season...For Financial Aid

With the holidays now over, no doubt you're busier than ever. However, there is one more important item to add to your to-do list. Make sure you're up-to-date on financial aid terminology and filing deadlines. Here are some helpful resources:

*The Free Application for Federal Student Aid (FAFSA), the key to unlocking your student's financial aid opportunities, becomes available January 1 for the 2020–2021 school year. Because aid is handed out on a first-come, first-served basis, *graduating seniors* and their families will want to get this form completed and submitted as soon as possible. Visit the official FAFSA website for a list of what you need to complete the form and to com-

plete it at www.fafsa.ed.gov (Be careful that you choose the .GOV website and NOT the .COM site)

*Research the different types of financial aid that are available. Learn the differences between scholarships and grants, private and federal loans, and need- and merit-based aid. The Federal Student Aid website has the details at <http://studentaid.ed.gov>

- Deadlines for financial aid vary. Check the FAFSA website and college financial aid officers/websites for important deadlines.
- NEVER pay for scholarships or grants.
- If your student isn't a senior yet, use the sites listed above to learn more and prepare.

Adapted from: <http://www.act.org/path/parent/news/1212.html>



State Testing is Coming Soon!

The State of Illinois is requiring all 9th, 10th, and 11th grade students to participate in standardized testing on April 13-16, 2021. Juniors will take the SAT on Tuesday, April 13th and the ISA Required Science exam Friday, April 16th. Sophomores will take the PSAT 10 on Wednesday, April 14th, and Freshmen will take the PSAT 9 on Thursday, April 15th. Some students will have to come a second or third day due to testing accommodations. Seniors will be released for the week to attend college visits, job shadows, or explore career options. Seniors will not report to school this week.

Freshmen, Sophomores, and Juniors will only report to school on the days they are completing the standardized tests and will be remote all other days. Each testing room will have approximately 8 students in each room. We will be grouping hybrid students together and remote students will be grouped together. Students will be socially distanced and required to wear their mask during the test.

CHS is providing multiple incentives for Juniors to do their best on the SAT. These incentives will be announced in March in a virtual assembly. Please help us impress upon our students that these tests are important for not only their future but for CHS and our community! Together we can all proudly say that we are Kahok Strong!

Collinsville High School is offering a variety a test preparation options:

Official SAT Practice

Khan Academy recently partnered with the College Board to create a free Official SAT Practice website: www.satpractice.org. Students can use this website to increase their test scores. The CHS counseling department will monitor who uses Khan Academy's Official SAT practice the most and students will be able to earn incentives based on how many hours they complete.

SAT Tutoring

CHS is also offering free test prep classes on Tuesdays and Thursdays starting at the end of January. Look out for an announcement in the next couple weeks. Each week teachers will offer a predetermined lesson that covers strategy and content. A schedule of weekly lessons will be available in the coming weeks. All lessons are recorded and posted on Google Classroom. Attendance will be taken and students will be entered into Cash Prize drawings based on how many sessions they attend.

GROWTH MINDSET

at home



What Kind of Mindset Do You Have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.

Created by Carol Dweck growthlab.org. © 2006. Item from: backpackeducation.com

WHAT DOES 'PROCESS PRAISE' SOUND LIKE?

- That work is really good. Tell me about it and how you did it
- I love the colours in your artwork. What techniques have you tried?
- Well done! You're learning to...
- Every time you practise that, you're making the connections in your brain stronger
- I'm so proud of how hard you tried in that game

WHAT DOES IT SOUND LIKE WHEN WE PRAISE A CHILD'S TALENT OR INTELLIGENCE?

- You learned that so quickly!
- Fantastic work- you didn't make any mistakes at all
- You're a natural at [insert skill]

GROWTH MINDSET PRINCIPLES

INTELLIGENCE CAN BE GROWN

Everything we know and can do is learned

EFFORT IS MORE IMPORTANT THAN OUTCOME

Learning to persist using our own, independent strategies is a skill that will be beneficial throughout our lives

MISTAKES ARE VALUABLE

Without mistakes and failure new learning cannot happen

THE TYPE OF PRAISE WE GIVE IMPACTS ON A CHILD'S MINDSET

Praising a child's intelligence, ability or talent sends messages that can encourage a fixed mindset

10 GROWTH MINDSET TIPS FOR PARENTS



1. Model Growth Mindset Thinking

Explain how you deal with challenges and continue to learn. Don't label yourself in a way that demonstrates a fixed mindset e.g. 'I'm a terrible cook' or 'I've always been bad at maths.'

3. Set high standards but give help when it's needed

We should have high expectation of children's habits, effort and ability to grow. Making things too simple in order to give them an 'easy win' is counter-productive in the long run. If children need support, for example equipment or to talk homework through, this help will support their success.

5. Present failure as an opportunity to grow

Our instinct is to protect our children from the disappointment of failure, but this doesn't help them cope with setbacks. Don't allow your child to label themselves or shelter from the realities of failure by placing the blame on others. Instead ask, 'What will you do differently next time?'

7. Praise the process

Celebrate the effort or practise children have put into something, to help them see that persevering is worth it. When your child succeeds, talk about the work that went into that success.

9. Provide honest, constructive criticism

Try not to focus on your child's shortcomings or past mistakes. Work with your child to identify strategies that would help improve them in an area they find difficult. Comparing children to their peers or siblings either favourably or unfavourably, can encourage children to think of their abilities as fixed e.g. 'Her brother has always been better at writing.'

2. Encourage them to enjoy learning for learning's sake

Tests may give you snapshots of what your child has learned so far, but over-focusing on scores and performance can encourage a fixed mindset. Talk to them about which areas of the curriculum have engaged them and foster their interest in these.

4. Set realistic goals

Be mindful of the goals you set for your children and the messages they may hear. Goals should focus on the growth of a skill or the expanding of knowledge, rather than the end result.

6. Highlight the growth mindset of people your child admires

If your child has a favourite singer or footballer, find out about their daily habits, goal-setting and commitment. There are some great videos about famous people who experienced early failures, including Michael Jordan, J.K.Rowling and Einstein.

8. Take reasonable risks and encourage your child to do so

Growth mindset is about being a life-long learner. Accepting a certain amount of risk and failure is part of that process.

Is there something that you always wanted to try but were afraid you'd fail? Make a plan to do it and ask your child to do the same.

10. Find out about the brain together

Children are fascinated by brain facts. Learning about the brain's incredible capacity for growth can help them see that their abilities are not predetermined. There are some lovely websites devoted to explaining neuroscience for kids.

Congratulations to the following CHS HOSA members. Each member will also have an opportunity to compete at the state level and advance to nationals!

Biomedical Laboratory Science

Anna-Marie Dalluge
Rylee Mesnier

CERT

Team of Abby Dickey and
Natalie Holliday

Creative Problem Solving

Team of Sophia Brissenden, Jazmyn
Rivera, Mackenzie Schoellman and
Nayeli Vasquez

**Cultural Diversities & Disparities in
Healthcare**

Amber Gassman

Dental Terminology

JaylInn Hall
Julianna Sotelo
Danielle Webb

Dental Science

Danielle Webb

EMT

Team of Angel Fabian and Rylee
Mesnier
Team of Amanda Barajas and Ruby
Cortez-Ortiz

Extemporaneous Writing

Natalie Holliday

Healthy Lifestyle

Rachel Evans

Home Health Aide

Amanda Barajas
Sophia Brissenden
Alyssa Herman
Julianna Sotelo



Human Growth & Development

Zoey Ward

Interviewing Skills

Mackenzie Schoellman

Medical Law and Ethics

Amanda Barajas

Medical Reading

Alyssa Herman
Rylee Mesnier
Mackenzie Schoellman

Medical Spelling

Angel Fabian
Jazmine Rivera

Medical Terminology

Noel Armstrong
Rachel Evans
Natalie Holliday

Nutrition

Abby Dickey

Pharmacy Science

Abby Dickey

Physical Therapy

Mackenzie Schoellman
Angel Fabian

Research Poster

Noel Armstrong

Sports Medicine

McKenzie Johnson

December Highly Engaged Students

Aaliyah Boykin	Allison Hennessy	Aubrey Kohler	Cadence Pruitt	Clarissa Bell
Aaron Dabney	Allison Wille	Austin King	Caitlyn Ennis	Claudia Delacruz
Abby Mayabb	Allix Jakich	Autumn Morely	Caleb Ballinger	Cody Lutz
Abelardo Bacilio-Isidro	Allyson Lamas	Ava Ziaee	Caleb Cook	Cole Benson
Abigail Goetter	Alyssa Herman	Ayleen Cortez	Caleigh Reynolds	Cole Patrick
Adam Austin	Alyssa Oliver	Banelly Urbino-Galindo	Cameron Donaldson	Colin Eads
Adam Reiniger	Amber Brock	Benjamin Bradley	Cameron Stockton	Colin Hoef
Adam Rimar	Anakin Trexler	Bethzy Diaz	Camille Allen	Colin Ogle
Adam Doebber	Andrea Deadmond	Blake Tanner	Carlei Day	Colin Wells
Addison Delisle	Andrea Delong	Brad Hopke	Carlos Cruz-Cortez	Colleen Zinke
Adelyn Stone	Andrew Deadmond	Branden Smith	Caroline Lentz	Collin Chandler
Agon Beluli	Andrew Gonski	Brandy Stewart	Carson Wattleworth	Conner Hartman
Aidan Hensler	Andrew Hilmes	Brant Seyler	Carter Hartman	Connor Corradini
Aidan Pierce	Andrew Wilson	Brayan Medel	Cassandra Stirling	Corey Harris
Ajaylin Rodgers-Parott	Angel Bedolla	Braylen North	Cassie Allgire	Courtney Cheeseboro
Alanah Mchone	Anibal Varela	Brendon Shadd	Chandler Braddock	Curtis Schaaf
Albert Nelson	Annabella Phelps	Brennan Jones	Charles Lane	Dacota Sanders
Alecia Harris	Annaka Belobraydic	Brianna Munoz	Chase Woehke	Dafne Perez
Alejandro Mendoza	Arianna Kelley	Brianna Wellen	Chelsea Nott	Dakota Guffey
Alessa Powell	Arianna McGee	Brinna Shea	Cheyenne Kostyshock	Dalton Hursey
Alexander Cox	Arianna Wells	Brock Cunningham	Chloe Linton	Damari Smart
Alexander Gunnarson	Armijah Paulette	Brock Luebbert	Christian Hernandez-Vargas	Damien Northcutt
Alexander Lochmann	Ashely Lilly	Brooke Buxton	Christopher Donaldson	Danajah Willis
Alexis Munoz	Ashley Cortez-Ortiz	Bryan Correa	Christopher King	Daniel Valenzuela
Alicia Swartz	Astacia Bush	Bryan Suarez	Christopher Reiniger	Darriel Baxter
Alissa Smith	Atiana Koonce	Bryson Hartman	Ciera Albert	David Garcia
Aliyah Kwasny			Claire Mitchell	David Larner

December Highly Engaged Students

Dayton Horras	Emma Hrabusicky	Grace Deets	Isaiah Martin	Jeremyah Stevens
Declan Graney	Emma Venne	Gracie Smith	Islemy Leyva	Jerrica Asbeck
Destiny Jones	Eric Flores	Guadalupe Espejel-Espinosa	Ivan Johnson	Jesus Rojas
Destiny Kalert	Eric Stuber	Gustavo Rivas	Jace Madura	Jkuion West
Destiny Trione	Eric Watt	Hailey Brown	Jack Benson	Joeli Hentzel
Destiny Jones	Erick Flores	Haley Bolla	Jack Tettaton	Johnny Heinz
Diana Fabian	Erick Luciano-Lopez	Hannah Arreola	Jackson Geisen	Jonathan Bell
Dillon Hatchett	Ethan Barger	Hannah Bellovich	Jackson Heller	Jonathan Munro
Domiano Lawrence	Ethan Grace	Hannah Fedorchak	Jackson Lee	Jonathan Velazquez
Dominic Flinn	Ethan Rogers	Hannah Pettit	Jackson Stenger	Jordan Staley
Dominic Thomeczek	Ethan Massa	Hannah Ralston	Jacob Damiano	Jose Sanchez
Dominique Cortes	Evan Heintz	Hannah Voegtle	Jacob Wright	Joseph Biciocchi
Donald Thomas	Evelin Mauricio	Hayden Noltkamper	Jacqueline Calderon	Joseph Cates
Dustin Taylor	Faith Kossina	Hayden Myers	Jake Turner	Joseph Origliosso
Dylan Phegley	Frederick Fucinari	Herica Campos-Martinez	Jakob Bolandis	Joseph Rauk
Dylan Rick	Frederick Passmore	Hilary Deavila-Valle	James Metcalf	Joseph Sanchez
Eden Soto	Gabriel Adams	Hollie Bolandis	Jameson Drake	Joseph Smith
Edwin Kircher	Gabriela Hernandez-Ceballos	Holly Burchett	Jamorie Wysinger	Joshua Chambers
Eli Gardie	Gabriella Cuba	Hunter Lamm	Jaritzta Cortez-Zarco	Joshua Cunningham
Eli Heddell	Garin Rak	Ian Marlow	Jason Campos	Joshua Ennis
Elizabeth Martin	Garrett Clevenger	Ian Moss	Jaylen Cooper	Joslyn Seaton
Elliott Schusky	Gavin Koonce	Isabella Arnotti	Jaylen Wade	Journey Sampson
Emily Dahl	Georgia Cox	Isabella Carr	Jazmine Solano-Mendoza	Juan Gutierrez-Ulloa
Emily Derosier	Giselle Meza	Isabella Cotton	Jazmyn Rivera	Kai Serrano
Emily Lopez	Gizelle Martinez	Isabelle Besserman	Jenna Scheller	Kaiden Hollerbach
Emma Clark	Grace Combs	Isabelle McCardle	Jennifer Carrillo	Kail Bauer
Emma Donaldson			Jennifer Jeronimo	Kailey Strauthammer

December Highly Engaged Students

Kali Jakul
Kameron Tune
Karina Rodriguez
Karly Bohnenstiehl
Karmin Petty
Katelyn Reiniger
Katelyn Walker
Katelynn Bone
Katherine Bardwell
Katherine Dawson
Kathleen Martin
Kathryn Roeck
Kayla Bell
Kayla Pacheco
Kaylee Etheridge
Keil Hunter
Keira Shea
Keith Strong
Kendall Tippen
Kennedy Jones
Kenneth Diaz
Kevin Beck
Kevin Figueroa
Khrisma Gregory
Khristian Gregory
Kieleigh Rapsilber
Kiley Belobraydic

Kimbra Crawford
Kris Alcorn
Kyle Moore
Kyleigh Goudy
Kylie Lee
Landon Ball
Landon Harmon
Laurentino Martinez
Lauryn Lee
Leah Perez
Leiyah Hopkins
Leslie Rivera
Liam Pascoe
Lillian Vallina
Lillie Cuddeback
Lilly Hoyt
Lily Jurgena
Lily Rawson
Lisette Sweitzer
Livia Montgomery
Lizbeth Luna
Logan O'Donnell
Lorenzzi Zappa
Lucas Brown
Lucas Geisen
Lucerito Huerta-Rodriguez

Lucy Montgomery
Luke Boston
Luke Weller
Lydia Fluss
Ma Shay Steward
Mackenzie Johnson
Mackenzie Shaw
Mackenzie Walker
Mackenzie Young
Madeline Mueller
Madison Knight
Madison Thomas
Madyson Carlyle
Maggie Asbrock
Makaela Kyles
Makayla Lykins
MaKenna Wright
Makennah Crockett
Makenzie Capecchi
Makenzie Hamilton
Makenzie Schoellman
Malachi Blanton
Maleah Gilliland
Manuel Romo
Manuel Varela-Arjon
Margaret Fitzgerald

Maria Hara
Marin Jalinsky
Marissa Bedolla
Maritza Cortez-Zarco
Marlaina Graney
Marlon Conrad
Martese Hopkins
Mason Hartman
Mason Collins
Mason Marmon
Mason Snider
Matt Clark
Matthew Schmaker
Matthew Shelton
Matthew Siefert
Mattox Greer
Mayte Garcia-Bautista
Mazie Gilland
McKayla Despain
Mckenzie Johnson
Megan Janson
Meghan Sommers
Melanie Robinson
Melina Huckelberry
Melody Pacewic
Messiah Lewis
Michael Blevins

Michael Oberg
Miles Tonellato
Milexy Leyva-Benitez
Minerva Canseco-Salinas
Morgan Voelkel
Myah McDaniel
Mykeyla Hall
Nadia Crockett
Narayeli Cardenas
Natalee Fulkerson
Natalie Holliday
Nathalia Salgado
Nathaly Lamas-Marquez
Nathan Bay
Nathan Cagg
Nayeli Ramos
Nelson Albert
Neva Schwartz
Nicholas Becker
Nickolas Palmisano
Oliver Moss
Oliver Varner
Olivia Frawley
Olivia Ladrew
Olivia Norton
Oscar Hurtado
Paige Robinson

December Highly Engaged Students

Pamela Biehl
Parker Conley
Paulina Lopez-Barajas
Peyton Smith
Preston Tillman
Quenby Wilson
Quinton Patterson
Ragin Clemons
Reed Bicanic
Raleigh Otten
Riley Willis
River Abernathy
Robert Freeman
Robert Williams
Rose Scott
Ryan McIntyre
Ryan Ratcliff
Ryder Saak
Samaiya Weston
Samantha Broussard
Samuel Kohler
Sandra Amparan
Sandra Manuel-Juan
Sandy Delacruz-Romo
Sarah Henze
Sarah Morgan
Savannah Pace

Scott Williams
Sebastian Gutierrez
Serenity Payne
Seth Tamburello
Shakira Jenkins
Shavell Nelson
Shelby Franklin
Sierra Wilson
Sonia May
Sophia Tottleben
Spencer Moss
Spencer Mayhew
Starr Spells
Stephanie Torres
Steven Hare
Sydney Sommers
Taitum Doughty
Tania Sanchez
Tanner Brazier
Tanner Durham
Tashanti Hamblin
Taylor Cox
Taylor Foote
Taylor Forth
Taylor Hustedde
Taylor Mordis

Tehya Harris
Tereese Tune
Terence Smith
Teresa Gilliam
Travion Swygeart
Trinity Simmons
Tristan Schubert
Troy Johnson
Tyler Boerner
Tynesha Watson
Vanessa Valdez
Vanessa Perez
Vanessa Villa
William Grieb
William Kerwin
William Truskowski
Ximena Jefferson
Yahir Solano
Yarely Rocha
Yesica Sebastian
Yolanda Vaquera
Yorie Meyer
Zac Friedmansky
Zach Chambers
Zachary Gonski
Zachary Atwood

Zachary Rooselot
Zachary Sykes
Zariah Nelson
Zoey Ward
Zurisadai Rodriguez



Collinsville Community Unit School District 10

201 West Clay Street • Collinsville, IL 62234 • 618-346-6350 • fax 618-343-3673

COVID-19 Daily Student Certification Checklist

INSTRUCTIONS

- In accordance with the Illinois Department of Public Health and Illinois State Board of Education requirements, students must be screened **each day** for COVID-19 symptoms and other criteria prior to entering a school building or entering a school bus.
- Parents must screen their child **each day** prior to sending their child to school.
- If your child does not meet all the following criteria, you must keep your child at home and notify the school of your child's absence. Your child will not be permitted to return to school until he/she meets all return-to school criteria or your child's physician has released your child to return to school, whichever is applicable. If your child is experiencing COVID-19 symptoms, you should consult your health care provider for a diagnosis and treatment. Your child will not be permitted to return to in-person instruction until you submit a statement from your child's physician confirming your child is permitted to return to school.
- During any period of time your child is not attending school, your child will be enrolled in remote instruction.
By sending your child to school, you are certifying you have screened your child and he/she meets all the following criteria to attend school.

Criteria to Attend School – Checked Daily

My child does not have a temperature of 100.0 degrees F or greater.

My child is not taking fever-reducing medicines, such as those that contain aspirin, ibuprofen or acetaminophen, in order to reduce his/her fever.

My child has not had close contact or cared for someone with COVID-19 within the past 14 days.

My child has not returned from travel outside the United States or on a cruise ship or river boat within the past 14 days.

My child has not been directed to self-quarantine by a health care provider.

My child has not been directed to self-quarantine by the County or State Department of Public Health.

No one within my child's household is currently being evaluated for COVID-19 symptoms or waiting on the results of a COVID-19 test.

My child does not have any of the following symptoms:

- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea
- Vomiting
- Diarrhea



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Lista de verificación de certificación de registro COVID-19

INSTRUCCIONES

- De acuerdo con los requisitos del Departamento de Salud Pública de Illinois y la Junta de Educación del Estado de Illinois, los estudiantes deben ser evaluados todos los días para detectar síntomas de COVID-19 y otros criterios antes de ingresar a un edificio escolar o subir a un autobús escolar.
- Los padres deben evaluar a su hijo todos los días antes de enviarlo a la escuela.
o Si su hijo no cumple con todos los siguientes criterios, debe mantener a su hijo en casa y notificar a la escuela de la ausencia de su hijo. A su hijo no se le permitirá regresar a la escuela hasta que cumpla con todos los criterios de regreso a la escuela o el médico de su hijo haya dado de alta a su hijo para que regrese a la escuela, según corresponda. Si su hijo tiene síntomas de COVID-19, debe consultar a su proveedor de atención médica para obtener un diagnóstico y tratamiento. A su hijo no se le permitirá regresar a la instrucción en persona hasta que presente una declaración del médico de su hijo confirmando que se le permite regresar a la escuela.
o Durante cualquier periodo de tiempo que su hijo no asista a la escuela, su hijo será inscrito en instrucción remota.
Al enviar a su hijo a la escuela, está certificando que ha examinado a su hijo y que cumple con todos los siguientes criterios para asistir a la escuela.

Criterios para asistir a la escuela: revisados diariamente

Mi hijo no tiene una temperatura de 100.0 grados F o más.

Mi hijo no está tomando medicamentos para bajar la fiebre, como los que contienen aspirina, ibuprofeno o acetaminofén, para reducir la fiebre.

Mi hijo no ha tenido contacto cercano ni ha cuidado a alguien con COVID-19 en los últimos 14 días.

Mi hijo no ha regresado de un viaje fuera de los Estados Unidos o en un crucero o barco fluvial en los últimos 14 días.

Un proveedor de atención médica no le ha indicado a mi hijo que se ponga en cuarentena.

El Departamento de Salud Pública del Condado o del Estado no le ha indicado a mi hijo que se ponga en cuarentena.

Nadie en el hogar de mi hijo está siendo evaluado actualmente para detectar síntomas de COVID-19 ni está esperando los resultados de una prueba de COVID-19.

Mi hijo no presenta ninguno de los siguientes síntomas:

- escalofríos
- Tos
- Falta de aliento o dificultad para respirar
- fatiga
- Dolores musculares o corporales.
- Dolor de cabeza
- Nueva pérdida de sabor u olfato
- Dolor de garganta
- Congestión o secreción nasal
- Náuseas o vómitos
- Diarrea
- escalofríos



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Collinsville Community Unit School District 10: Authorization and Consent for COVID-19 Testing

To be completed by parent or legal guardian of student seeking COVID-19 testing at Collinsville Community Unit School District CUSD 10.

Collinsville Community Unit School District 10 ("The District") has been offered an opportunity to participate in rapid testing in the K-12 setting. As the parent/legal guardian of student _____ (student name), I hereby authorize and give my express consent to Collinsville Community Unit School District 10 for my Student to be tested for COVID-19. I understand that a nasal swab will be collected from my child and tested for COVID-19 using the Rapid Point of Care Antigen Testing method.

If your child is tested at school, you will be notified of the results. If your child receives a positive result, you will be contacted immediately to pick up your child from school and will be required to follow the normal process of obtaining documentation to return to school. The potential benefits of testing include rapid confirmation of suspected COVID-19, helping your child's healthcare provider to make a timely informed decision about your child's plan of care, and helping to limit the spread of COVID-19. I understand the potential risks include the possibility of incorrect test results because of related false positives and false negatives. I understand that Collinsville Community Unit School District 10 is not acting as my child's medical provider and that this testing does not replace treatment by my child's medical provider. I assume complete and full responsibility to take appropriate action regarding my child's test results. I agree I will seek medical advice, care, and treatment from my child's medical provider if I have questions or concerns, or if my child's condition worsens.

Disclosure to Government Authorities: I acknowledge that my child's COVID-19 test results and associated information may be shared with appropriate county, state, or other governmental and regulatory entities as may be permitted by law. I permit Collinsville Community Unit School District 10 to release my child's test results and associated information with the persons or entities required to control, prevent, or mitigate the spread of COVID-19.

Release: To the fullest extent permitted by law, I hereby release, discharge, and hold harmless, the Collinsville Community Unit School District 10, including, without limitation, any of its respective officers, directors, employees, representatives and agents from any and all claims, liability, and damages, of whatever kind or nature, arising out of or in connection with any act or omission relating to my child's COVID-19 diagnostic test or the disclosure of my child's COVID-19 test results.

I understand and acknowledge that the District may be protected from liability by the Public Readiness and Emergency Preparedness Act (42 U.S.C. § 247d et seq.) and/or the Local Governmental and Governmental Employees Tort Immunity Act (745 ILCS 10/1-101, et seq.) for any state or federal claims or lawsuits for injury including, but not limited to, personal injury, death, disease or property losses, damages and/or any other losses, including, but not limited to, claims of negligence related to the District's administration of the Diagnostic Test to my student.

I acknowledge and agree that I have read, understand, and agreed to the statements contained within this form. I have been informed about the purpose of the COVID-19 diagnostic test and potential risks and benefits. I have been provided an opportunity to ask questions before proceeding with the COVID-19 Diagnostic Test and I understand that if I do not wish to continue with the collection, testing, or analysis of the COVID-19 Diagnostic Test, I may decline to have my student receive the test. I have read the contents of this form in its entirety and voluntarily provide consent for my student to undergo the Diagnostic Test for COVID-19.

This authorization is valid until revoked in writing by the parent or legal guardian or is no longer necessary under the law. I have the legal authority, based upon my relationship to Student, to consent to this test administration for the Student.

Student's Name: _____

Student's School: _____ Student's Grade in School: _____

Student's Date of Birth (Month, Day, Year): _____

Parent/Legal Guardian Name (please print): _____

Parent/Legal Guardian Signature: _____

Date: _____

Emergency Contact and relationship to Student _____

Emergency Contact's Phone Number: _____

May we leave a message with the emergency contact? **YES / NO**



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Unidad Comunitaria del Distrito Escolar 10 Collinsville: Autorización y Consentimiento para Hacer una Prueba de COVID-19

A la Unidad Comunitaria del Distrito Escolar 10 de Collinsville ("El Distrito") se le ha ofrecido la oportunidad de participar en pruebas rápidas para los escenarios K-12. Como padres/guardián legal de un estudiante _____ (nombre del estudiante), por la presente autorizo y expreso mi consentimiento a la Unidad Comunitaria del Distrito Escolar 10 de Collinsville para que a mi Estudiante se le haga la prueba del COVID-19. Yo comprendo que un hisopo nasal va a ser recolectado de mi hijo(a) y se le va a hacer una prueba de COVID-19 utilizando un método de Prueba de Cuidado Antigeno de Punto Rápido.

Si a su hijo(a) se le hace una prueba en la escuela, se le notificará a usted de los resultados. Si su hijo(a) recibe un resultado positivo usted va a ser contactado inmediatamente para que usted recoja a su hijo(a) de la escuela y va a requerir seguir el proceso normal de obtener documentación para regresar a la escuela. Los beneficios potenciales de la prueba incluyen la rápida confirmación de sospecha de COVID-19, ayudar a la persona que le proporciona cuidados de salud a su hijo(a) hacer una decisión oportuna informada acerca del plan de cuidado para su hijo(a), y ayudar a limitar la propagación del COVID-19. Yo comprendo los potenciales riesgos incluyendo la posibilidad de resultados incorrectos de la prueba debido a relaciones con falsos positivos y falsos negativos. Yo comprendo que la Unidad Comunitaria del Distrito Escolar 10 de Collinsville no está actuando como proveedor médico de mi hijo(a) y que esta prueba no reemplaza el tratamiento del proveedor médico de mi hijo(a). Yo asumo completa y total responsabilidad de tomar acción apropiada acerca de los resultados de la prueba de mi hijo(a). Yo estoy de acuerdo en que voy a buscar asesoramiento médico, cuidado, y tratamiento del proveedor médico de mi hijo si yo tengo preguntas o preocupaciones, o si la condición de mi hijo empeora.

Divulgación a las Autoridades Gubernamentales: Yo reconozco que los resultados de la prueba del COVID-19 de mi hijo(a) e información asociada puede ser compartida con apropiadas entidades regulatorias como sean permitidas por la ley, condado, estado o gubernamentales. Yo permito a la Unidad Comunitaria del Distrito Escolar 10 de Collinsville que libere los resultados de la prueba de mi hijo(a) y la información asociada con las personas o entidades requeridas para el control, prevención o mitigación en la propagación del COVID-19.

Liberación: En la máxima extensión permitida por la ley, por la presente libero, libero de cargos, y la mantengo inofensiva a la Unidad Comunitaria del Distrito Escolar 10 de Collinsville, incluyendo, sin limitaciones, a cualquiera de sus respectivos oficiales, directores, empleados, representantes y agentes de cualquiera y todos las reclamaciones, responsabilidades y daños, de cualquier tipo o naturaleza, que surja fuera de o en conexión con cualquier acto u omisión relacionada con el diagnóstico de la prueba de COVID-19 de mi hijo(a) o la divulgación de los resultados de la prueba de COVID-19 de mi hijo(a).

Yo comprendo y estoy de acuerdo que el Distrito puede estar protegido de responsabilidad por el Acta de Disposición Pública y Preparación para Emergencias (42 U.S.C. § 247d et seq.) y/o el Acta Gubernamental de Empleados Inmunidad Extracontractual (745 ILCS 10/1-101, et seq.) de cualquier reclamación del estado o federal o de litigios por daños incluyendo, pero no limitados a, lesiones personales, muerte, enfermedad, pérdida de propiedad, daños y/o cualquier otra pérdida, incluyendo pero no limitada a, reclamos de negligencia relacionados a la administración del Distrito de la Prueba de Diagnóstico a mi estudiante.

Yo admito y estoy de acuerdo que he leído, comprendido y estoy de acuerdo en las declaraciones contenidas dentro de esta forma. Yo he sido informado acerca del propósito del diagnóstico de la prueba del COVID-19 y de los riesgos y beneficios, a mi se me ha proporcionado una oportunidad de hacer preguntas antes de proceder con la Prueba de Diagnóstico del COVID-19 y yo comprendo que si yo no deseo continuar con la recolección, prueba, o análisis de la Prueba de Diagnóstico del COVID-19, yo puedo declinar el que mi estudiante reciba la prueba. Yo he leído el contenido de esta forma y en su totalidad dar consentimiento voluntario para que mi estudiante se someta la Prueba de Diagnóstico para el COVID-19.

Esta autorización es válida hasta que sea revocada por escrito por uno de los padres o guardián legal o que no sea necesario bajo la ley. Yo tengo la autoridad legal, basada bajo mi relación con el Estudiante, para dar consentimiento a la administración de esta prueba para el Estudiante.

Nombre del Estudiante: _____

Escuela del Estudiante: _____ grado del estudiante en la escuela _____

Fecha de Nacimiento del Estudiante (Mes, Día, Año): _____

Nombre de los Padres/Guardián Legal (impresión por favor): _____

Firma de los Padres/Guardián Legal: _____

Fecha: _____

Contacto de Emergencia y relación con el Estudiante _____

Número de Teléfono del Contacto de Emergencia: _____

¿Podemos dejar un mensaje con el contacto de emergencia?

SI / NO



2021

H A P P Y N E W Y E A R

Homemade
GIFTS MADE EASY