Happy November CMS Family!

As we enjoy the change of seasons and weather, it always marks a time of both celebration and hardship for many of our students. During the month of November, we will celebrate the service and sacrifices of our Veterans as well as show thanks for our friends and family during Thanksgiving break. Although these are times of celebration, for many it also represents times of sadness and emotional hardship. This is a time when many are reminded of lost loved ones as well as a time when financial hardships tend to feel just a little harder. As we move into this time, please know that we have resources to help support the needs of students and families should they arise. We have two amazing social workers on staff that are available to talk to and help students process the situations that they are facing. This is not a resource that is only offered around the holidays, but rather all the time.

Very often in education, we are so focused on the academic growth and progress of students and their social and emotional well being falls to the wayside. At Collinsville Middle School, we are dedicated to working with the whole child and supporting families with their child’s needs. We have a partnership with the local food bank where students and families in need can and go to receive food weekly; through this partnership, we send food home with students every Friday to help them make it through the weekend. In addition to these resources that we have already assisted families in tapping into, we are also working with local health agencies to offer mental health services for students on campus. For those of you who do not have need but would like to help a family who does, please feel free to contact the main office for options to do so. The year is moving by quickly and we have so many wonderful things ahead of us. Our CMS family looks forward to our continued partnership with home and as always, thank you for trusting us with the education of your child!

Sincerely,

Dr. Jackson
On November 7, the choirs across the district will combine for a concert at CHS - Main Gym at 6:30. This is an awesome opportunity to experience all three choir at one time. DIS, CMS and CHS choirs will each perform one or two songs individually and then will sing two songs all together! Please join us for this night of song!

In November, the Blahoks will be putting together a "Welcome to CMS" committee which will help new students to the school by showing students around CMS, answering questions, arranging people to sit with new students at lunch, assigning a contact person for new students and more! The Blahoks are going to be participating in the Veterans breakfast on Friday, Nov. 8th at 7:00 a.m. at CMS by making thank you cards, posters and serving Veterans on the morning of breakfast. Ms. Larson's advanced history class is also making thank you cards for the Veterans who attend the breakfast and will be interviewing Veterans. NJHS members will be assisting at the Veterans breakfast as well. The Blahoks will be participating in a dining fundraiser at Collinsville Culvers on November 14 from 5 -8.

Our current Million Word Readers: Brayden Patterson, Hayden Barrera-Kite, Logan Branstetter, Elliott Schusky, Isabel Perez, Alanah McHone, Madeline Mueller, Jim Kruta

- The following students have begun building their robots to compete in the VEX robotics challenge.
- Koen Kassley, Ethan Massa, Robert Molina, Ryland Tanner, Peyton Bierma, Brody Fister, Kaden Hearn, Daniel Wilde, Karley Calandro, Angelica Harris, Danielle Lee, Nevaeh Procasky, Hanna German, Kate Harris
What is a growth mindset? Through decades of research, Dr. Carol Dweck, a Stanford University Psychologist, found that people's beliefs about their intelligence differ. Some people believe that their intelligence and abilities are unchangeable. In other words, you have a certain amount of intelligence, and you can't do much to change it. This is called a “fixed mindset.” Think about the phrase, “I’m not a math person.” This statement indicates a fixed mindset about math, because it attributes math ability to an unchangeable quality.

Others have different ideas about their intelligence and abilities. Some people believe that it is possible to grow your intelligence through effort. This is called a “growth mindset.” Think about the phrase, “Math was really confusing at first, but I've studied hard all year and I understand it a lot better now.” This indicates a growth mindset, because it shows a willingness to dig in deep.

- For more information on the growth mindset please visit - Mindsetworks.org
Please join us at Collinsville Middle School for a breakfast honoring Veterans

When: Friday, November 8, 2019
Where: Collinsville Middle School
9649 Collinsville Rd
Collinsville, IL 62234
Time: 7:00 a.m.

Do you know a Veteran? If so, please invite them to breakfast at CMS. Veterans will receive a free breakfast as well as a token of appreciation from CMS students.

Please visit our Facebook page Collinsville Middle School (CMS) or visit www.kahoks.org and click on Collinsville Middle School for more information and to RSVP.
Tote Me Home

In collaboration with the Collinsville Food Pantry, CMS is happy to offer families with the Tote Me Home program. Tote Me Home provides families with additional grocery assistance over the weekend. Students involved in the program are given a bag of groceries to take home on Fridays.

For more information please contact our CMS social workers.

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