



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

---

**YMCA OF SOUTHWEST ILLINOIS • Collinsville Maryville Troy Center**

**YMCA PHILOSOPHY**

The YMCA believes that child care should provide opportunities and experiences that stimulate a child's physical, social, intellectual, and emotional development.

The YMCA provides activities that involve parents in their child's development. Activities to strengthen the family unit will give the family and the YMCA the opportunity to work, play, and learn through a variety of experiences. Participation as a family in other YMCA programs will be encouraged by becoming a member.

The YMCA believes that the program should work in cooperation with other area institutions, i.e., schools, churches, social service agencies, etc. when possible.

The YMCA believes that communication with school personnel is essential to the quality of care your child(ren) receive.

Open communication and collaborations with the school about your child(ren) behavior and individual needs will be ongoing.

**DCFS GUIDANCE AND DISCIPLINE POLICY**

It is the goal of the YMCA of Southwest Illinois to guide children in becoming caring, honest, responsible, and cooperative participants in our program. The YMCA uses only positive behavior management techniques to increase participants self esteem by helping them to become responsible for their own actions. It is important for participants to grow to respect themselves as well as the rights and feelings of others.

When a conflict arises concerning the rights of other people and/or property, our goal is to work with each participant individually to solve the problem through effective communication and logical consequences. Other behavior management techniques, which include redirecting behavior, removal from a particular activity, and parent consultation, will be used in situations where conflicts continue.

Child care staff shall help individual children develop self-control and assume responsibility for their own actions. The following are guidelines for inappropriate behavior:

1. Removal from the group to help a child gain control shall not exceed one minute per year of age. Removal from the group shall not be used for children less than 24 months of age.
2. The following behaviors are prohibited in all child care settings:
  - A. Corporal punishment, including hitting, spanking, swatting, beating, shaking, pinching and other measures intended to induce physical pain or fear;
  - B. Threatened or actual withdrawal of food, rest or use of the bathroom;
  - C. Abusive or profane language;